THE BEATLIFE BOOK

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Stuart Hardcastle **Chris Preston**

Stuart Hardcastle and Chris Preston are professional percussionists/workshop leaders based in Liverpool, UK.

In 2003, they founded BeatLife - a youth drum orchestra with the aim of creating sustainable links between musicians, schools and young people.

Taking Brazilian Samba as its inspiration, BeatLife have performed at festivals and carnivals all over the world.

In 2005, BeatLife was named 'Simply the Best - Education' at the Toxteth Educational Trust Awards and was awarded 'Best Cultural Group' in both 2005 and 2006.

This Samba guide introduces the rhythms of Brazilian Samba and describes how to use the instruments and plan workshop sessions.

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